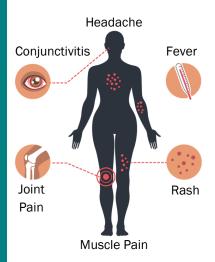
## ZIKA VIRUS

Many people will not have any symptoms.



Symptoms last several days to a week.



Remove Standing Water

Wear Long Sleeves

and Pants

Practice Safe Sex



Use Window and **Door Screens** 



Use Repellent with



Use Outdoor Insect Spray





Over-the-Counter Medications



Plenty of Fluids

## SELF-ASSESSMENT

- Use air conditioning
- Use indoor fogger or spray
- Use bed nets
- Cover cribs and strollers with mosquito netting
- Treat clothes with Permethrin



- ☐ Check screens and windows for cracks and gaps
- □ Remove standing water
- Tightly cover water storage containers
- Use larvicide
- Repair cracks and gaps in septic systems
- □ Cover open vents or plumbing with wire mesh
- Use an outdoor mosquito spray
- Close all doors
- □ Use insect repellent with 20-**30% DEET**
- Wear long sleeves and long pants

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CONTACT US