Diabetes
(“Die-uh-bee-tees”)

Diabetes is when you have too much sugar in your blood or urine. You are tired all the time. You do not have any energy. It is like having a car with no gas to get somewhere.

If you have sugar in your blood for too long, you can have problems with:

- Eyes
- Heart
- Kidneys
- Feet

What to look for:

- Do you always want something to drink?
- Are you always tired?
- Are you losing weight?
- Do you pee all the time?
- Do you have hurt places that do not get well?
- Are your eyes not working right?
- Do you eat all the time and you still want more?

CALL YOUR DOCTOR OR CARE MANAGER TODAY!