

# EMERGENCY RESPONSE for Opioid Overdose



Nasal Naloxone

## 1. Try to wake the person

- Shake them and shout
- If no response, grind your knuckles into their breast bone for 5 to 10 seconds.



## 2. Call for help

- If you report an overdose, many states have laws protecting you and the overdosed person from being charged with drug possession, even if drugs were shared

Someone has overdosed.

Someone Isn't breathing.



## 3. Administer nasal naloxone

- Assemble nasal naloxone
- Repeat after 2 to 5 minutes if still not conscious
- Spray half up each nostril



**2-5**  
MINUTES

## 4. Check for breathing



Give CPR if you have been trained, or do rescue breathing:

- Tilt the head back, open the mouth, and pinch the nose
- Start with 2 breaths into the mouth. Then 1 breath every 5 seconds
- Continue until help arrives

## 5. Stay with person



- Naloxone wears off in 30 to 90 minutes
- When the person wakes up explain what happened
- If you need to leave, turn the person on his or her side to prevent choking